

Terms of Reference  
**Iraq MHPSS Curriculum and Tools Revision**

**Assignment:** Tearfund is seeking a highly qualified MHPSS consultant to review and improve existing mental health awareness and psychosocial support curricula for adults (ages 17+).

**Duration:** As negotiated; expected 4 weeks

**Expected Date(s) of Work:** As negotiated with assignment completed prior to June 6, 2019

**Location:** As negotiated, with expected travel to Erbil and potential travel to other project locations (Dohuk, Kirkuk, and Ninewa Governorates)

**Background:**

The MHPSS consultant will provide support to an OFDA funded project currently underway in Dohuk, Kirkuk and Ninewa. The consultant will provide support to assess and improve the following:

1. Mental Health Awareness Sessions for Communities Facilitation Plan (1 session)
2. Mental Health Awareness Sessions for Leaders Facilitation Plans (4 sessions)
3. Community Wellbeing Groups for Adults Curriculum (6 sessions)
  - a. Anticipated addition of two session
  - b. Anticipated increase in gendered content

**Programme Title:** Meet critical needs and reduce the social and economic impact of the conflict on affected communities and individuals in Iraq.

From July 2018 – June 2019, Tearfund Iraq is implementing an OFDA-funded project with the following objective:

*Strengthen resilience and enhance recovery and reintegration through improved protection awareness and access to psychosocial support services for communities affected by conflict and GBV related trauma.*

This project is informed by Tearfund's Middle East Response Strategy with the goal to alleviate the suffering of 200,000 children, men, and women through emergency interventions and are supported towards stabilization, healing and recovery. The implementation process is integrated with other cross-cutting themes such as gender, child protection and environment from Tearfund's eight Quality Standards.

In line with recovery goals, Tearfund developed and piloted structured mental health awareness and psychosocial support curricula for adult men and women. Topics include:

1. Mental Health, Signs and Responses to Symptoms of Distress
2. Stress
3. Loss and Grief
4. Gender Based Violence and Mental Health
5. Community Support
6. Listening Skills
7. Helping Children Cope

## **Objectives and Scope of Work:**

In line with the programmatic goals described goal below, curricula and teaching tools for community-based mental health awareness sessions targeting both leaders and community members and for adult community wellbeing groups were created.

The assignment is:

- To review existing MEAL documentation with a view towards understanding the effectiveness of the curricula in achieving project intended outcomes
- To consult internal and external users of the curricula with a view towards improving the curricula and material for future interventions in similar contexts
- As needed, to consult additional beneficiaries to better understand effective and ineffective elements of the curricula
- Audit existing materials against IASC Guidelines for Mental Health and Psychosocial Support in Emergencies
- Review quality of the curricula developed by Tearfund and propose revisions to the existing curricula and tools, including draft supplementary lessons and tools. The proposed revisions should promote:
  - Effectiveness
  - Compliance with IASC guidelines
  - Ease of use for non-specialized, community-based facilitators
  - Standardization of materials

## **Expected Outputs**

1. No more than three page summary report of primary and secondary survey addressing
  - a. Effectiveness of existing curricula from beneficiary perspective
  - b. Effectiveness and ease of use of existing curricula from internal and external facilitators perspective
  - c. Alignment of existing curricula with IASC Guidelines
2. 1-2 page summary findings of contextual understandings of key concepts and terms in Arabic and Kurdish
  - a. To be agreed upon in advance; additions or changes may be proposed
3. Propose revisions, with explanation, to existing curricula and draft additions.
4. Facilitate a half day debrief meeting to share findings and recommendations

### Consultant Ability

ATTRIBUTE/SKILL	IMPORTANT	DESIRABLE
<b>EDUCATION/QUALIFICATIONS</b>	Masters level qualification or equivalent in psychology and/or relevant field.	Additional certification/degrees in international development, international social work, and/or relevant field
<b>EXPERIENCE</b>	<p>Appropriate and relevant relief/ rehabilitation experience with international NGO(s)</p> <p>Previous MHPSS curriculum design experience in the humanitarian context</p> <p>At least three years of Middle East experience</p> <p>At least three years of previous consultancy experience</p> <p>Conducting MHPSS interventions in conflict settings assisting IDPs and returnees</p>	<p>MHPSS Project Management</p> <p>Experience in recovery/ post-conflict areas</p>
<b>SKILLS/ABILITIES</b>	<p>Good cross-cultural communicator</p> <p>Excellent interpersonal skills</p> <p>Ability to organize and conduct qualitative interviews</p> <p>Instructional Design</p> <p>Report writing</p>	

### Anticipated Schedule

- 2 days preparation
- 4 days international travel
- 5 days conducting qualitative interviews and/or focus groups in country
- 15 days (maximum) production of deliverables

Total: days maximum including report writing

### MANAGEMENT OF VISIT

The consultant and supporting logistics will be managed by Karla Jordan, the Protection Advisor based in the Erbil Office.

## **INTENDED USE OF THE EXPECTED OUTPUT**

It is anticipated that Tearfund will use the work produced to support improvements to the existing curriculum for future use, including future OFDA funded projects. Qualitative information may be used in donor reports to support project evaluation. The deliverables must, therefore, present well-substantiated conclusions and actionable recommendations.

## **EVALUATION OF CONSULTANCY**

The Head of Eurasia and North Africa, the Middle East Response Director and the Iraq Response Director will review the report. A copy of the final report will be provided to the funding donor, namely OFDA.

## **HOW TO APPLY**

Submit the following to Karla Jordan, Tearfund Iraq Protection Advisor, at [karla.jordan@tearfund.org](mailto:karla.jordan@tearfund.org).

1. CV
2. Maximum one page cover letter
3. Past consultancy report
4. Maximum two page proposed methodology
5. Maximum one page proposed schedule